

Human Design Certification

Fall 2026 Cohort · Week-by-Week Curriculum

10 modules delivered over 13 weeks, with a Thanksgiving pause and a Christmas–New Year's break built in. A new module unlocks every Monday.

Curriculum Schedule

Module	Date	Topic
1	Mon, Oct 12	Your Energy Type Era — Intro to the 5 Types, strategy, aura mechanics
2	Mon, Oct 19	The Authority Within — Decision-making authorities and spotting them in charts
3	Mon, Oct 26	Who TF Am I? — Profile Deep Dive — Profiles, life themes, archetypes, client readings
4	Mon, Nov 2	Your Energy Center Audit — Defined vs open centers, conditioning, practical awareness
5	Mon, Nov 9	Gates, Channels & Circuitry 101 — Exploring energetic themes and chart anatomy
6	Mon, Nov 16	Your Life's Work, Unlocked — Decoding the Incarnation Cross and purpose alignment
—	Nov 23	<i>Thanksgiving break — no new module</i>
7	Mon, Nov 30	Reader in Real Life — Chart reading flow, storytelling, client practice
8	Mon, Dec 7	Your Aligned Offer Suite — Spiritual business foundations and blueprint creation
9	Mon, Dec 14	Market Like a Manifestor, Sell Like a Sacral — Content, visibility, passive income strategy
—	Dec 21 & Dec 28	<i>Christmas–New Year's break — no live or new content</i>
10	Mon, Jan 4	The Soulful Expansion Lab — Bonus integration week: rituals, Q&A, guest teaching, chart fusion

Monthly Live Q&A Calls

Scheduled for the **second Wednesday of each month**, starting once the cohort has a few modules behind them:

Wed, Nov 11
Wed, Dec 9
Wed, Jan 13
Wed, Feb 10 — final Q&A call for this cohort

Extra Support During the Program

- Monthly group somatic breathwork & embodiment sessions
- Private online community space for peer practice
- Ongoing access to materials after completion
- On-demand modules, available anytime after unlock
- One-on-one support with Arlene via Telegram
- Practice sessions, reflection prompts, and sample charts
- Downloadable guides, templates, and business-building tools
- Optional in-person mastermind retreat (details shared during the course)

Dates reflect the confirmed Fall 2026 cohort schedule, tied to the October 9 cart close and October 12 cohort start.